

PRO BONO
COUNSELING
PROJECT



WARMLine

Direct Dial #443.608.9182

If you're feeling anxious, depressed, or just need someone to talk to due to the current pandemic, **call 211 or dial 443.608.9182** directly and you will be connected with a representative who can help. The WARMLine representative will listen to your concerns and refer you to any additional resources you may need. The WARMLine rep will be available weekdays from 9:00 AM to 5:00 PM.



Follow these easy steps:

1. Dial 211 or 443.608.9182 from a cellphone or landline.
2. A caring call specialist will listen to your needs.
3. You will be referred to any additional resources you may need.

The United Way of Central Maryland has provided a grant to Pro Bono Counseling to establish a new mental health WARMLine to support Marylanders who are experiencing mental health impacts related to the COVID-19 pandemic. For more information, visit ProBonoCounseling.org.



United Way
of Central Maryland